

April 13th – 17th 2026

DROP-IN ACTIVITIES & GROUPS

OZANAM LEARNING CENTRE

Level 3 / 99 Forbes St. Gadigal Land,
Woolloomooloo NSW 2011

Phone: 02 9358 8100 / 0421 863 686

Email: olc@vinnies.org.au

Website: www.vinnies.org.au

MONDAY 13th

Art Class

9.30am – 12.30pm



Water & Care Crew (OLC Rooftop Garden)

9.30am – 10.30am



Open Art Studio

1.30pm – 3.30pm



TUESDAY 14th

Painting Studio

9.30am – 12.30pm



Guitar Lessons

Beginners Class

10am – 10.45am

Intermediate Class

10.45am – 11.30am



Yoga

11am – 12pm



Gardening

10.30am – 12.30pm

**New Time*



Giant Bird Building Workshop (Weekly)

1pm – 3pm

**OLC Level 3 Art Room*



Open Jam Session

1pm – 3pm



Women's Circle

1.30pm – 3pm

Falls Prevention Info Session

From 1.30pm

**OLC Ground Floor*



Singing Group

3pm – 4pm



WEDNESDAY 15th

Cuppa & Chat with Pravina

10.30am – 11.30am

**Outside of Level 3 Gym*



Narcotics Anonymous

12pm – 1pm

Brush Turkey



Sculptural Workshop

1pm – 3pm

**OLC Level 3 Art Room*

Monthly Chess Comp

From 1.30pm



THURSDAY 16th

SMART Recovery

10am – 11.30am

Tech Support

10am – 12.30pm



Kundalini Meditation

11am – 12.30pm



Ladies Lunch

From 12.30pm

OLC Theatre Group

1pm – 3pm

**OLC Ground Floor*

Mindful Mending

1pm – 3pm



Music to My Ears

1pm – 3.30pm



FRIDAY 17th

Open Art Studio

9.30am – 12.30pm



Tech Support

10.30am – 12pm

Hairdressing

11am – 3pm



**First come first serve
with limited spaces*



Pool Comp

From 1.30pm

Walk & Talk with Bren

2pm – 3pm



Water & Care Crew (OLC Rooftop Garden)

2.30pm – 3.30pm



April 13th – 17th 2026

BOOK-IN ACTIVITIES & GROUPS

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MONDAY 13th

TUESDAY 14th

WEDNESDAY 15th

THURSDAY 16th

FRIDAY 17th

ACAP Counselling

Sessions

10am – 2pm

**(3 x 1 hr. appts)*

Life Admin with Holly

10am – 12pm

**(2 x 1 hr. appts.)*

ADHD Women's Support Group

10am – 11.30am



Piano Lessons

10am – 1pm

Life Admin with Esther

2pm – 4pm

**(2 x 1 hr. appts.)*

Pottery

9.30am – 12.30pm

Beats & Pieces

Workshop

10am – 12pm

**OLC Level 4 Maclab*

ACAP Counselling

Sessions

10am – 2pm

**(3 x 1 hr. appts)*

ADHD Support Group (Men & Women)

1.30pm – 3pm

Pottery

9.30am – 12.30pm

Life Admin with Bren

9.30am – 11.30am

**(2 x 1 hr. appts.)*

Counselling Sessions

with Yeser

9.30am – 3.30pm

**(5 x 1 hr. appts)*

Cooking & Nutrition

10am – 1pm



Life Admin with Alice

2pm – 4pm

(2 x 1 hr. appts)

These programs have limited or closed capacity. To book in, chat to OLC staff, call us on 9358 8100 or email olc@vinnies.org.au