

October 5th – 9th 2026

DROP-IN ACTIVITIES

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To sign up to our e-newsletter;
You will receive a copy of
the following week's
schedule in your email inbox
every Friday afternoon



OZANAM LEARNING CENTRE

Level 3 / 99 Forbes St. Gadigal Land,
Woolloomooloo NSW 2011

Phone: (02) 9358 8100 / **SMS:** 0421 863 686

Email: olc@vinnies.org.au

Website: www.vinnies.org.au

MONDAY 5th

TUESDAY 6th

WEDNESDAY 7th

THURSDAY 8th

FRIDAY 9th

**OLC Closed
Public Holiday**

Painting Studio
9.30am – 12.30pm



 **Guitar Lessons**
Beginners Class
10am – 10.45am
Intermediate Class
10.45am – 11.30am

Gardening
10.30am – 12.30pm



 **Yoga**
11am – 12pm

Milkcrate Theatre
12.30pm – 2.30pm

 **Open Jam Session**
1pm – 3pm

**Women's Circle +
Educational Talk on
Women's Safety**
1.30pm – 3pm



 **Singing Group**
3pm – 4pm

Good Vibe Choir
Woolloomooloo
10am – 12pm
**OLC Level 3*
Conference Room



Narcotics Anonymous
12pm – 1pm

Origami Activity
2pm – 3pm



**People with Disability
Australia (PWDA) Disability
Advocacy Session**
10am – 12pm



Kundalini Meditation
11am – 12.30pm



 **Ladies Lunch**
**(Celebrating Intl.
Animals Week)**
From 12.30pm



 **Tech Support**
1pm – 3pm

Mindful Mending
1pm – 3.30pm



 **Music to My Ears**
1pm – 4pm

Open Art Studio
9.30am – 12.30pm



 **Walk & Talk**
2pm – 3pm

**OLC Garden
Water & Care Crew**
2.30pm – 3.30pm



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BOOK-IN ACTIVITIES

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MONDAY 5 th	TUESDAY 6 th	WEDNESDAY 7 th	THURSDAY 8 th	FRIDAY 9 th
OLC Closed Public Holiday	Life Admin with Karen 10am – 12pm <i>*(2 x 1 hr. appts.)</i>	Life Admin with Omar 9.30am – 11.30am <i>*(2 x 1 hr. appts.)</i>	Life Admin with Esther 9.30am – 11.30am <i>*(2 x 1 hr. appts.)</i>	 Cooking & Nutrition 10am – 1pm
		Pottery 9.30am – 12.30pm <i>*Popular program</i> <i>Limited spaces available</i>	Pottery 9.30am – 12.30pm <i>*Popular program</i> <i>Limited spaces available</i>	Life Admin with Alice 2pm – 4pm <i>*(2 x 1 hr. appts.)</i>
		Community Cook-up  9.30am – 1pm <i>*Food served in</i> <i>OLC Rec Area at lunchtime</i>	Counselling Sessions with Yeser  9.30am – 3.30pm <i>*(5 x 1 hr. appts.)</i>	
		ACAP Counselling Sessions  10am – 2pm <i>*(3 x 1 hr. appts.)</i>		
		 Music Therapy 1pm – 2pm <i>*Intake required</i>		

These programs may have limited capacity and/or require registration/intake. To book in, chat to OLC staff, call 9358 8100 or email olc@vinnies.org.au