

February 10th – 14th 2025

DROP-IN ACTIVITIES & GROUPS

OZANAM LEARNING CENTRE

Level 3 / 99 Forbes St. Gadigal Land,
Woolloomooloo NSW 2011

Phone: 02 9358 8100 / 0421 863 686

Email: olc@vinnies.org.au

Website: www.vinnies.org.au

MONDAY 10th

Art Class

9.30am – 12.30pm



Weaving Workshop

1pm – 2pm

Open Art Studio

1.30pm – 3.30pm



TUESDAY 11th

Painting Studio

9.30am – 12.30pm



Reading Support

10am – 12pm



Yoga

11am – 12pm



Gardening

1pm – 3pm



Creative Writing

2pm – 3pm



WEDNESDAY 12th

Women's Circle

9.30am – 11.30am

Narcotics Anonymous

12pm – 1.15pm



Tech Support

12pm – 2pm

Music Therapy

1pm – 2.30pm



Performance Storytelling & Music

From 1.30pm

THURSDAY 13th

SMART Recovery

10am – 11.30am

Butterfly Women's Clothing Pop-up

10am – 12pm



PWDA Disability Advocacy Session

10am – 12pm



Kundalini Meditation

11am – 12.30pm



Ladies Lunch

From 12.30pm

Community Plant Care Workshop

1pm – 3pm



Mindful Mending

1pm – 3pm



FRIDAY 14th

Open Art Studio

9.30am – 12.30pm



ESL Help

10am – 12pm

Cultural Space Art

10am – 12pm +

1pm – 3pm

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BOOK-IN ACTIVITIES & GROUPS

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MONDAY 10th

Eyes of Hope Clinic

10.30am – 3.30pm



TUESDAY 11th

Community Cook-up

10am – 1pm



WEDNESDAY 12th

Ceramics Techniques

9.30am – 12.30pm

**Life Admin
with Katerina**

10am – 12pm

Life Admin with Alice

1.30pm – 3.30pm

**Hearing Voices
Support Group**

2pm – 3.30pm

**(Intake required)*



THURSDAY 13th

Pottery

9.30am – 12.30pm

**Eating the Elephant
Support Group**



11am – 12pm

**(Closed group)*

**Life Admin
with Merindah**

1pm – 3pm

FRIDAY 14th

Cooking & Nutrition

10am – 1pm



[To book in for these programs, chat to OLC staff, call us on 9358 8100 or email olc@vinnies.org.au](mailto:olc@vinnies.org.au)