Vinnies Workshops

Social Justice

Homelessness

Wellbeing

Social Justice

Introduction to Vinnies Year K - 2

Duration: 30-minutes

- Discover the origins of Vinnies.
- Explore Vinnies today.
- Empower students to help.
- Engage in creative, active learning.

Social Justice Superheroes Year 3 - 4

Duration: 40-minutes

- Unpack the mission of Vinnies.
- Learn About Vinnies in action.
- Recognise the impact of youth action.
- Build empathy through experience.

Challenging Social Injustice Year 5 - 6

Duration: 60-minutes

- Explore Social Justice.
- Unpack the challenges of poverty.
- Discover Vinnies shops.
- Understand the heart of Vinnies.
- Reflect with See, Think, Do.

Night Patrol Visit Year K - 6

Duration:15-minutes

- Brief overview of Homelessness.
- How the Night Patrol helps people experiencing Homelessness.
- Tour of the vehicle.

Social Justice

Social Justice Leaders Year 7-10

Duration: 60 minutes

- Describe Vinnies' origins.
- Explore Social Justice leadership.
- Understand youth homelessness.
- Learn how Vinnies provides support.
- Identify ways students can take action.

Homelessness

A Home Year K-2

Duration: 40 minutes

- Explore what “home” means.
- Learn why homelessness happens.
- Describe how Vinnies helps.
- Discover meaningful ways students can help.

Fighting the Cold Year 3-4

Duration: 40 minutes

- Identify different types of homelessness.
- Understand the challenges of living without shelter.
- Explore ways students can make a difference.

Breaking the Stigma Year 5-6

Duration: 60 minutes

- Identify the three types of homelessness.
- Challenge common myths about homelessness.
- Explore how Vinnies supports people in need.
- Discover ways students can take meaningful action.

Homelessness

The Hidden Struggle Year 7-10

Duration: 60 minutes

- Identify the three layers of homelessness.
- Understand causes of youth homelessness.
- Explore why helping matters.
- Learn how Vinnies supports those in need.
- Discover ways students can take action.

Sleepouts

A school sleepout helps students connect with the reality of homelessness, building empathy through lived experience.

Primary School Sleepout

A Vinnies School Engagement Officer can attend your school sleepout or evening event to lead a powerful, interactive workshop on homelessness. Students will explore the causes of homelessness, take part in a decision-making activity, and reflect on how they can make a difference. The session is designed to build empathy, spark conversation, and inspire action.

Secondary School Sleepout

Duration: 60 minutes

A Vinnies School Engagement Officer can attend your school sleepout to guide students through a meaningful session on homelessness. This workshop includes:

- An introduction to homelessness and its causes.
- A look at the rising cost of living and its impact.
- A real-life case study to build understanding.
- A powerful, interactive activity where students step into the tough decisions people experiencing homelessness face.

This session is designed to deepen empathy, spark conversation, and inspire action.

For more information our Sleepout Kit is on our website.

Wellbeing

The DARE Program aims to reduce incidences and severity of mental illness through exploring preventative factors.

DARE 1 Year 3-4

Duration: 1 all-day session

- Identify personal values and strengths.
- Understand and manage emotions.
- Build positive friendships and connections.
- Learn about help-seeking and wellbeing strategies.

DARE 1 Year 5-6

Duration: 1 all-day session

- Explore values, strengths, and identity.
- Understand emotions and mental health.
- Build healthy friendships and set boundaries.
- Learn strategies for well-being and goal setting.

DARE 4 Year 3-4

Duration: 80 minutes per session

Delivery: 4 sessions using activity-based learning

- Identify personal values and strengths.
- Understand and manage emotions.
- Build meaningful friendships.
- Learn help-seeking strategies to support wellbeing.

Wellbeing

DARE4 Year 5-6

Duration: 80 minutes per session

Delivery: 4 sessions using activity-based learning

- Explore values, strengths, and identity.
- Understand emotions and mental health.
- Build healthy friendships and boundaries.
- Learn wellbeing and goal-setting strategies.

DARE8 Year 3-4

Duration: 80 minutes per session

Delivery: 8 sessions using activity-based learning

- Explore values, strengths, and identity.
- Understand and manage emotions.
- Build healthy friendships.
- Navigate social media safely.
- Learn help-seeking strategies to support wellbeing.

DARE8 Year 5-6

Duration: 80 minutes per session

Delivery: 8 sessions using activity-based learning

- Explore values, strengths, and identity.
- Understand and manage emotions.
- Discuss bullying and the importance of connection.
- Build healthy friendships and set boundaries.
- Navigate social media and gaming safely.
- Learn help-seeking strategies to support wellbeing.

Leadership

Leadership Workshops

We offer a range of dynamic leadership workshops tailored to suit different age groups and gender identities. These programs are designed to build confidence, resilience, and leadership skills in a supportive and engaging environment.

Current offerings include:

- A leadership workshop for high school students, focusing on character, teamwork, and positive influence.
- An empowerment workshop for girls, exploring self-worth, voice, and leadership potential.

If your school is interested in participating or learning more, please contact the Schools Team at:

schools@vinnies-cg.com.au

Contact

If you would like to book a workshop or make an enquiry please contact the
School Engagement Team via email: schools@vinnies-cg.org.au

Meet the Team

Travis
Manager
Youth and Young Adults

Milly
Youth Liaison Officer
School Engagement

Sharkie
Youth Liaison Officer
School Engagement