HOW YOU CAN SUPPORT

VINNIES CANBERRA/GOULBURN





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ABOUT THE SOCIETY

BACKGROUND

The St Vincent de Paul Society Canberra/Goulburn (Vinnies) has served the community for nearly 200 years across the ACT and surrounding southern and western regional areas of NSW with a network of shops and volunteer conferences.

OUR PEOPLE

Offering a hand up to the most vulnerable and marginalised in our society is at the heart of our good works. We are companion-centred. Members, Volunteers and Employees are the backbone of our organisation and work closely together to deliver person-centred care in the most efficient way possible. The passion and dedication of our members, volunteers and employees is evident in the many programs and services we operate, whether this be at local schools, parishes, centres, or outreach services like Vinnies Street to Home or Night Patrol.

526 Members

Our members are the backbone of the Society, providing support to companions, determining our strategic direction, and guiding the effective delivery of programs and services to those in need.

1.363 Volunteers

Our volunteers give freely of their skills and abilities across the breadth of the Society.

232 Employees

Our paid employees are kept to a minimum to allow resources to be directed to people in need. We acknowledge the expertise of our employees in supporting the good works of our members and volunteers.

OUR PROGRAMS AND SERVICES



HOMELESSNESS SERVICES

Samaritan House. Street to Home, Blue Door, Justice Housing Program, Night Patrol



CLOTHING AND OTHER MATERIAL GOODS

Vinnies Retail Centres, Thread Together Clothing Hub



YOUTH PROGRAMS

St Joe's Youth Program, St Nick's Young Carers Program, School Engagement (Primary and Secondary), Migrant and Refugee Program



COMMUNITY ENGAGEMENT

Community Inclusion Program at Oaks Estate. Compeer



EMERGENCY RELIEF HELPLINE (13 18 12)

Home Visitation and Support



EDUCATIONAL SERVICES

Clemente. Home Energy Efficiency Program



FAMILY SUPPORT

Family Services Program, Young Parents Program



WHERE WE HELP



We provide support across the **ACT** and surrounding southern and western regional areas of NSW with a network of shops and volunteers.

OUR VALUES



WHY WE HELP

More than 116,000 Australians are homeless on any given night

For every person living on the streets, 13 more experience other forms of homelessness

20% of people experiencing homelessness identify as Aboriginal and/or Torres Strait Islander



42% of clients of specialist homelessness services have experienced family or domestic violence

Almost 60% of people experiencing homelessness are under the age of 35





More than 1 in 8 Australian children live below the poverty line (739,000 children) JobSeeker provides recipients with \$314 a week, but the median weekly rent in Canberra is \$500 for a unit and \$630 for a house



A SNAPSHOT OF OUR IMPACT



16.513

calls to our Emergency Relief Helpline



instances of support by conferences



30,000+

free meals provided by Blue Door



in emergency assistance provided by Conferences



75 rough sleepers case managed by Street to Home



69 families supported

by Family Services



42 men supported by

Samaritan House to get permanent accommodation



30 students

supported by Clemente



14 families supported by Young Parents **Accommodation Program**



8.114

instances of material support by Night Patrol

OUR SERVICES

FUNDED COMMUNITY PROGRAMS AND SERVICES

Funding for this group of programs is provided by the ACT Government through multi year contracts (with the exception of the Community Inclusion Program, which is funded by the Australian Government Department of Social Services). This funding is usually secured through a competitive tender process.

SAMARITAN HOUSE

Samaritan House is a 13 bed, crisis accommodation facility and program for men aged between 18 and 65 years.

The program was established in 1995 and is located in the north of Canberra. It operates 24 hours a day, seven days a week. Residents are provided with individual rooms with shared showers, toilets, laundry and kitchen facilities, food, computer with internet and telephone, personal hygiene items and social support.

Samaritan House charges occupants \$25 rent per night to cover expenses. Residents are provided with case management, and assistance to secure longer-term or permanent accommodation.

Samaritan House has an open-door policy to offer any man who requires a hand up access to the House for tea, coffee, food, telephone, and internet access, as well as information and referral support.

All referrals for accommodation come from Onelink, the centralised intake point for all homelessness services in the ACT.



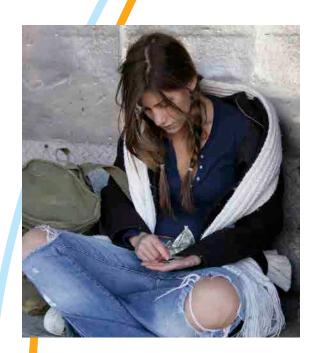
STREET TO HOME

Our Street to Home program, which commenced operation in 2020, supports people who are sleeping rough and/or experiencing chronic long-term homelessness in the ACT.

Street to Home offers both case management and assertive outreach to assist people who are experiencing chronic homelessness, with a focus on physical health, mental health, housing, and legal issues. The program has six residential units offering supported transitional accommodation for rough sleepers.

Street to Home works under the Service Guarantee from Specialist Homelessness Services and upholds the ACT Mental Health Charter of Rights. Program staff actively seek those sleeping rough and engage with them to build relationships underpinned by understanding and respect.

All referrals for accommodation come from Onelink, the centralised intake point for all homelessness services in the ACT.



JUSTICE HOUSING PROGAM

The Justice Housing Program provides accommodation options for individuals who otherwise would remain in detention due to a lack of suitable community-based accommodation. The program also provides accommodation support services to women and Aboriginal and Torres Strait Islander people involved with the criminal justice system, with a focus on trauma-informed, gender-informed and culturally safe practices.

Funded by the ACT Government, the program is a core element of its Building Communities Not Prisons initiative, which seeks to address the lack of available and affordable housing for people released from custody.

The Society provides occupancy support services (case management) for each individual eligible for assistance through the program. This includes assistance with connecting individuals with safe, affordable and suitable housing options, supporting them to engage in auxiliary services such as healthcare. mental health and counselling, addressing financial stress and ensuring they are connected appropriately with government support.

The program's first two houses became operational in May 2020 for men subject to bail. Since then the program has expanded to include ten operational houses comprising two houses for women and eight houses for men. Case Managers are responsible for day-to-day operations and provide support and services as needed during business hours from 9am to 5pm Monday to Friday. They engage, assess and support people with holistic, sustainable case management plans. The aim being to assist individuals to develop personal resources that increase their quality of life, connection to community, peer support, wellbeing and address the core issues that brought them to the program.



Blue Door is a drop-in centre offering free nutritious meals, hygiene supplies, clothing, and furniture vouchers, as well as life skills, information, advice, advocacy, and referrals.

Blue Door is open to anyone in need and has over 1,500 drop-ins each month. Meals are available from 11.00am until 1.30pm weekdays, except for public holidays and can be eaten in a community dining room or taken away.

Since 1983, Blue Door has been an integral part of Ainslie Village, a small community housing site in the ACT providing accommodation to approximately 200 people who are living on a low income.

Three quarters of Blue Door participants are Ainslie Village residents.

Blue Door provides a non-threatening, safe and secure environment for all users to access the services, relax and socialise.







FAMILY AND YOUNG PARENTS HOMELESSNESS SERVICES

Family and Young Parents Homelessness Services provide specialist housing services to families and young parents (below the ages of 25) in the ACT who are currently at risk of, or experiencing, homelessness. The aim of the service is to support participating families to access and maintain safe, secure, independent, and affordable housing.

Services are provided through case management and address individual factors contributing to the risk of homelessness, with a strong focus on the needs of the children and the family unit. Holistic, person-centred case plans utilise trauma informed approach, and support independent decision making through provision of relevant information and referrals, advocacy, positive role modelling and strengthening life skills. Eligible families are offered temporary transitional accommodation.

Referrals for support normally come from Onelink.



The Compeer program, established in the ACT in 2009, supports people living with diagnosed mental illness. The aim of the program is to reduce social isolation and combat stigma attached to mental illness. The program strives to empower individuals to achieve equality, self-worth, dignity, and trust through the power of friendship.

Compeer matches adult volunteers with individuals in one-onone friendships, based on common interests and hobbies. Once matched, the pair meet up on a regular basis for planned social activities. This allows an authentic friendship to be developed. Compeer works closely with local mental health services and other health professionals.

HOME ENERGY EFFICIENCY PROGRAM

The Society has been delivering this program since 2015 on behalf of the ACT Environment, Planning and Sustainable Development Directorate.

The program helps low-income households to reduce their energy bills (electricity and gas), by educating householders about energy usage and through modifying homes to become more energy efficient.

Home visitations are undertaken by an Energy Efficiency Officer who performs a household energy assessment and provides tailored advice and modifications to help reduce energy usage.

As part of the program, assistance may include an energy saving kit, a cooling towel and heated throw rug, draught proofing of doors and windows, and in some cases, replacement of inefficient fridges with efficient models, and upgrades on heating systems, hot water systems and stoves.









COMMUNITY INCLUSION PROGRAM

Operating out of Oaks Estate since 2018, the Community Inclusion program is designed for people living with psychosocial disabilities who are ineligible for National Disability Insurance Scheme (NDIS) funding. The program assists individuals to make optimum choices, enhance their living skills and confidence, gain access to mainstream services, and shape and influence their community.

The program aims to increase the independence, social and community participation of people with a disability. It also aims to build capacity and readiness of organisations and the community to operate within a nationally consistent approach to Information Linkage and Capacity Building (ILC) outcomes.

The program offers individuals access to quality information about services that can best meet their needs. It also offers the development of social enterprise initiatives. Supported by a peer network, the service provides:

- information on relevant clinical services
- advice and assistance with daily living skills
- referrals to workshops for stress and anger management
- assistance in securing and sustaining tenancy and
- information on social inclusion, education and volunteer and job opportunities.

The Society receives funding to operate this program through the Information Linkages and Capacity Building (ILC) program administered by the Australian Government Department of Social Services.



Our new Women's Return to Work Pathways program is delivered in partnership with the St Vincent de Paul Society Canberra/Goulburn and is funded by the NSW Government through Women NSW. The program includes workshops and individual mentoring sessions to support women living on the NSW far South Coast, as well as the Goulburn and Young regions, to return to work.

The 2023 program is available to women living on the NSW far South Coast and includes a series of three workshops in each location, focused on:

- · Identifying goals and time management skills
- Applying for jobs
- Drafting resumes and cover letters
- Preparing for job interviews
- · Personal presentation for the workplace
- Guest speakers: mindfulness and managing stress.







SOCIETY FUNDED PROGRAMS AND SERVICES

These programs are funded through donations and income generated through our retail shops.

NIGHT PATROL

Night Patrol engages with individuals on the streets at night, offering friendship, support and compassion while upholding their dignity. Night Patrol has been operating since 2001.

The Night Patrol team includes over 300 volunteers from within the community who receive training to help support those in need. They engage with the homeless, or those isolated by their health or other circumstances. Referrals are also available through Night Patrol.

Night Patrol visits take place in various locations across the ACT seven nights a week supported by specially equipped vans offering warm drinks, food, warm clothing, and other essential items.



HOME VISITATION

Home Visitation is carried out on a voluntary basis. Our volunteers are a diverse group who help people by giving them a hand up to make life-changing decisions. They respond to calls for assistance from people in need in their local community.

Volunteers visit people in their homes and help to find the most appropriate response to the person's or family's needs. This help is directly related to the specific needs of the individual and can include assistance with food, utility bills, clothing, education support, or connection to services.

The visits are informal and our volunteers are very sensitive to people's needs. Home visitation is a way by which people can be supported and encouraged to take control of their lives.



CLEMENTE ADULT EDUCATION

The Clemente program provides people who have experienced disadvantage and are wanting to re-engage in education with access to tertiary level education. The program is free, and students are provided with all textbooks and learning materials.

Operating in the ACT since 2009, Clemente is a partnership between the Society and the Australian Catholic University (ACU) offering three levels of study designed to suit a range of learning goals.

Classes are run by qualified educators. Volunteer in-class and off-campus mentors provide study assistance and help with organisational skills, work presentation, and basic computing.



YOUTH AND YOUNG ADULTS PROGRAMS

The Youth and Young Adults programs are committed to equipping and empowering young people to become confident, active, and informed members of the community. Through our various service programs, school engagement initiatives, and advocacy opportunities, youth members and volunteers, together with the support of the Society, strive to generate an authentic and broad ranging impact in the community. Our volunteers use a strengths-based approach to nurture the social and emotional growth of the young people with whom they engage.

We offer five Youth and Young Adults Programs, each unique in their capacity to support young people in the ACT region.

ST JOE'S YOUTH PROGRAM

The St Joe's youth program was established in 1978. It offers respite and recreation for children aged between 6-12 years who are experiencing financial or social disadvantage. Holiday camps and weekend activities provide the children with new experiences and friendships and an opportunity to have fun during school holidays and weekends.

ST NICK'S YOUNG CARERS PROGRAM

The St Nick's program was established in 1998. It aims to provide recreational activities throughout the year for young people who have a caring role in their family. The program encourages the development of a strong and compassionate network, nurtures social and emotional development and holds space for young people as they navigate their life experiences.

SCHOOL ENGAGEMENT (PRIMARY & SECONDARY)

The Youth team has a strong presence in education settings from primary school to universities, expanding across Canberra. Our services range from advocacy to prevention-focussed mental health programs. The team offers a broad range of opportunities for young people to build a greater sense of identity, foster healthier relationships and take positive action in the community.

MIGRANT AND REFUGEE PROGRAM

The Migrant and Refugee Program has been supporting children from a migrant or refugee or asylum seeker background to feel connected, safe, valued, and empowered since 2019. Working in the school and





community settings, volunteers offer support in basic skill development as well as in emotional, social, and personal growth.

VINES

VINES stands for Vinnies, Inspiring, Networking, Education and Support and was established in 2017 in partnership with The Scout Association Australia (ACT). It supports young people between 13 –17 years. VINES encourages positive social inclusion and emotional development for young people and offers respite for young people and their families.



EMERGENCY RELIEF

Our Emergency Relief Helpline links people who are in crisis or experiencing hardship. Our employees and volunteers take calls from people seeking assistance from the Society, who help them to understand their needs and identify the type of assistance that may be appropriate, including:

- Food aid
- Transport and travel cost assistance
- Health and medical cost assistance
- Utility bills cost assistance
- Advocacy support, for example with utility providers
- Access to essential clothing and bedding
- Educational support
- Connection to other services.

Assistance is available through the Helpline on 13 18 12 from 9.00am to 3.30pm Monday to Friday.

CLOTHING AND OTHER MATERIAL GOODS

The Society's retail shops have been selling quality donated clothing, furniture and other household items at affordable prices since 1963. There are now 27 retail shops across our region.

The retail shops provide a vital source of independent income and cash flow to fund the work that is undertaken by the Society and are an important point of referral for people needing assistance.

Through our retail shops, we distribute clothing and goods to people in need and provide a place where people can volunteer their time for the good of their communities and enjoy fellowship and companionship.

Volunteers undertake a wide range of tasks from sorting of donations through to retail tasks, including merchandising, to help retail shops operate successfully.

VINNIES WESTERN REGION CASE MANAGEMENT TEAM

The Vinnies Western Region Case Management Team provides case management support to assist our eight conferences across the Western Region (Boorowa, Cootamundra, Harden, Lake Cargelligo, Temora, Tumut, West Wyalong, Yass, and Young) and respond to their clients with complex needs.

Vinnies conferences offer a hand-up to those in crisis or experiencing hardship by providing financial and material aid, and food assistance.









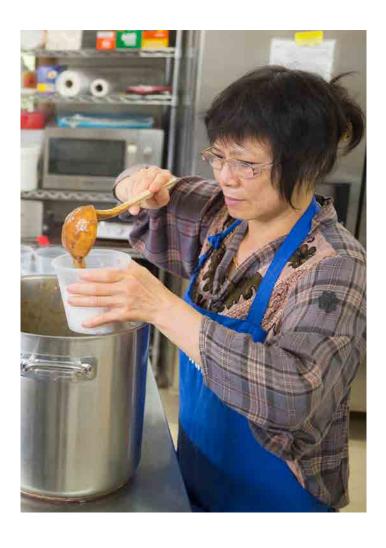
WAYS TO GET INVOLVED

WORKPLACE GIVING PROGRAM

WHAT IS WORKPLACE GIVING?

Through Workplace Giving, employees can support Vinnies Good Works in our local community by nominating to make a regular donation directly from their salary pre-tax. Employers then pay the donation directly to Vinnies Canberra/Goulburn.

Workplace Giving has enormous potential to fund local programs, because it is collective giving, supported by your entire organisation. Everyone giving a little together means more funds for the cause, and greater impact.



WORKPLACE GIVING



Canberra/Goulburn

IMAGINE WHAT YOUR ORGANISATION CAN DO IN JUST ONE YEAR.

IF 50 EMPLOYEES DONATE JUST \$2 EACH A WEEK

Vinnies can provide warm blankets, a meal and a fresh change of clothes for a person experiencing homelessness every week.

IF 100 EMPLOYEES DONATE JUST \$10 EACH A WEEK

Vinnies can keep two families in their homes each month avoiding eviction.

IF 200 EMPLOYEES DONATE JUST \$20 EACH A WEEK

Vinnies can run school holiday camps for young carers aged 9 to 17 years for a week.



ESSENTIALS PACKS

1 in 8 Australians are living below the poverty line.

Material aid is a major factor in homelessness prevention and a vital part of the wrap around support our services provide.

As the cost of living continues to rise, so does the need for this support and these basic essentials get harder to access. Over the past 6 months alone, the average number of calls to Vinnies Canberra/Goulburn's emergency helpline has increased by 36%.

Vinnies has designed packs of essential items for situations regularly encountered by those seeking assistance. The Essentials Packs will reduce vital time and money spent by our teams sourcing items individually when needed.





We need your help.

By helping Vinnies put together Essentials Packs, you are making it possible for us to support more children, youth, families and individuals experiencing disadvantage across our region.

Donate, fundraise or become an Essentials Packs partner today.

Contact our team to find out more.





CONTAINER DEPOSIT SCHEME

With the ACT Container Deposit Scheme (ACT CDS), Vinnies' Caring for Canberra campaign aims to reduce waste while raising funds for Vinnies' frontline services.



CARING FOR CANBERRA

one container at a time



It's simple.

Instead of discarding all single use drink containers, collect eligible cartons, cans and bottles and ReCollect will do the dirty work for you. For every eligible container collected, 10c will go to Vinnies' frontline services.

COLLECTING CONTAINERS, MAKES REAL CHANGE





HOW TO GET INVOLVED

- Sign up to ReCollect with this link: https://app.re-collect.com.au/vinniescg
 - Set up your company account and make sure the funds are set to go to Vinnies.
- Request ReCollect bottle collection bins
 - Email steven.pollock@returnit.com.au and request as many bins as you will fill each week.
- Set up a weekly pick up in your ReCollect app
 - Each week, ReCollect will pick up the eligible bottles and cans collected in their bins and 10c per container will be donated to Vinnies.
 - Use the promo code VINNIESCBR for free pickups.
- Start collecting!
 - Collect eligible containers from everyday service in the ReCollect bins.
- Spread the word
 - Supporters of the campaign will be featured on our website and social media to thank you for your generosity.
 - Download our marketing materials to promote your support of the campaign and ensure ReCollect bins are easily identifiable to your staff and the ReCollect team.



CORPORATE SUPPORTER

Supporting St Vincent de Paul Society Canberra/Goulburn highlights your organisations Corporate Social Responsibility commitment and compassion in supporting our community and helping locals facing hardship.

Aligning with Vinnies work helping those in need, strengthens your company's brand values and helps build corporate unity by taking your employees and clients on a journey for a common good cause.

HELP TO REBUILD AND RESTORE LIVES

Vinnies Canberra/Goulburn gives people in need a 'hand up' to make life-changing decisions.

Support differs from situation to situation, with programs that require professional staff and fulltime support, to services that are most reliant on the generous donation of time from members and volunteers. Your commitment to partner with Vinnies Canberra/Goulburn will assist us to rebuild and restore the lives of local families and individuals in need.

We welcome the opportunity to discuss how your organisation can become a supporter of our work in the community. Ways to get involved could be:

- funding particular programs or services that align with our values
- in-kind provision of services
- holding fundraising events
- volunteering
- · workplace giving programs





SPONSOR A VINNIES PROGRAM OR SERVICE

Vinnies Canberra/Goulburn have a range of programs/services which help people doing it tough in our community.

If you would like to support a particular program which is close to your organisation's heart, please contact our team to discuss potential opportunities.

OUR PROGRAMS AND SERVICES



HOMELESSNESS SERVICES

Samaritan House, Street to Home, Blue Door, Justice Housing Program, Night Patrol



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YOUTH PROGRAMS

St Joe's Youth Program, St Nick's Young Carers Program, School Engagement (Primary and Secondary), Migrant and Refugee Program



COMMUNITY ENGAGEMENT

Community Inclusion Program at Oaks Estate, Compeer



EMERGENCY RELIEF HELPLINE (13 18 12)

Home Visitation and Support



EDUCATIONAL SERVICES

Clemente. Home Energy Efficiency Program



FAMILY SUPPORT

Family Services Program, Young Parents Program

FUNDRAISE FOR VINNIES

The more funds raised on our behalf, the more we can help the families and individuals who turn to St Vincent de Paul Society Canberra/Goulburn for help every single day.

There are all kinds of ways you, your organisation or your school can fundraise for Vinnies from participating in our annual sleepouts and appeals to hosting your own event.



VINNIES CEO SLEEPOUT

As our headline event the Vinnies CEO Sleepout aims to get some of Australia's highest profile businesspeople involved in raising funds for Vinnies and raising awareness about homelessness.



VINNIES ANNUAL APPEALS

Every dollar raised during our appeals makes a difference to provide urgent and practical support to families and individuals who are experiencing disadvantage in our community.



HOST AN EVENT

Organisations of any size can fundraise for us. Whether for a particular program or service that resonates with your values, or for Vinnies generally, we can work with you to stage a fundraising event. Such as a sports day, trivia night, ball or other activity.



DONATE GOODS

Quality donations provided to your local Vinnies are given to people in need who turn to Vinnies for support.

Donations can be made at any time of the year. If you would like to make a donation of goods, please contact our team about potential opportunities.





INDIVIDUAL SUPPORT

BEQUESTS LEAVE A GIFT IN YOUR WILL

Leaving a gift in your Will to the St Vincent de Paul Society Canberra/Goulburn (Vinnies) is a powerful way to make a difference in improving the lives of future generations.

MAKE YOUR LEGACY LIVE ON

Bequest funds are vital to ensuring Vinnies Canberra/Goulburn will be able to continue to support and assist those at greatest risk of experiencing social exclusion, disadvantage, or homelessness in our community.

HOW TO MAKE A BEQUEST

There are a variety of ways to include a gift in your Will to the St Vincent de Paul Society Canberra/Goulburn.

- Residue: The remainder of your estate once all other legacies and expenses have been deducted.
- Percentage of your estate.
- Specific sum: You may nominate a specific sum of money in your Will.
- **Property:** A gift of real estate.
- Specific items: Furniture, household items and bric-a-brac.
- Stocks & shares: A percentage of stocks and shares in your portfolio.
- Superannuation and/or Life Insurance policies: Nominate the St Vincent de Paul Society Canberra/Goulburn as beneficiary.



JOIN OUR SUPPORTERS

HELP TO REBUILD AND RESTORE LIVES

Vinnies Canberra/Goulburn gives people in need a 'hand up' to make life-changing decisions.

Below are our valued sponsors who have provided their skills, knowledge and financial/material support to our programs. We are so thankful for their continued dedication to Vinnies' Good Works.

To enquire about becoming a corporate sponsor, whether it is for a particular program or Vinnies Canberra/Goulburn generally, we'd love to hear from you!

Start making our tax-deductiible donations by emailing giving.cg@vinnies.org.au or call (02) 6272 2722.



















PAST SUPPORT FROM OUR GENEROUS COMMUNITY

THE INAUGURAL O'NEILL & BROWN **SLEEPIN ROUGH INVITATIONAL**

Federal Golf Club and friends partnered up with Vinnies to help create awareness and raised much-needed funds to help fight the ongoing issue of people experiencing homelessness within Canberra, especially during the colder winter months.

The event saw celebrities, sports stars, golf professionals and corporate sponsors coming together.



GRILL'D TRIVIA NIGHTS

St Vincent de Paul Society Canberra/Goulburn teamed up with Grill'd to run two trivia nights, raising money for our Migrant and Refugee Program.

Along with having fun while enjoying a healthy dose of competition, eating burgers and testing knowledge skills, it was a great community event that saw Vinnies staff and volunteers joined by friends, family, and supporters.



CORPORATE VOLUNTEERING WITH GREEN ROOM STRATEGIC

These wonderful volunteers from Greenroom Strategic helped sort and pack the donations for our Hygiene and Pantry Essentials Packs to be distributed to the local community.



FILIPINO CYCLING COMMUNITY **FUNDRAISING RIDE**

The Filipino Cycling Community in Canberra organised a charity fundraising ride from Canberra to Sydney for Vinnies.

In total, they raised over \$14,000 for Vinnies Family Services. This program provides outreach support services to families in ACT currently at risk of or experiencing homelessness.



All donations go towards our frontline support.

Want to get involved?

Contact our team

(02) 6282 2722 giving.cg@vinnies.org.au vinnies.org.au

Stay in touch











